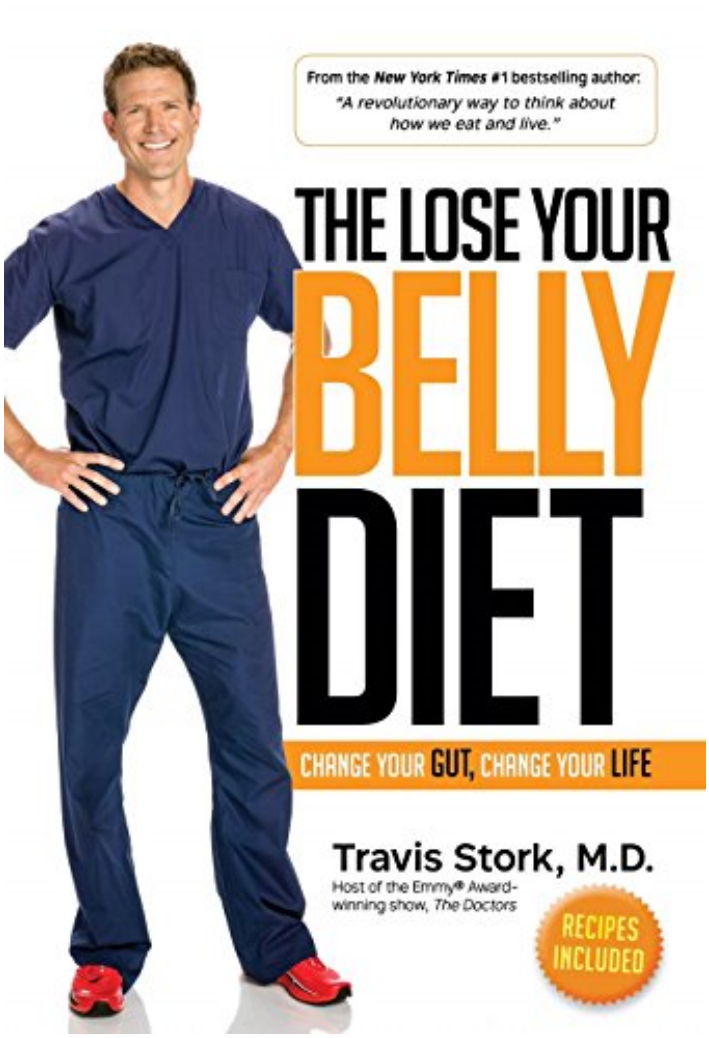
The Lose Your Belly Diet: Change Your Gut, Change Your Lifepdf by Travis Stork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